

# Small Actions, Big Differences!



According to “*the butterfly effect*” introduced by [Edward Lorenz](#), small differences in the initial condition of a dynamical system may produce large variations in the long term behavior of the system.

But what does that mean to you and me?

At times all it takes is just a small change to erupt into huge difference in your life.

And here's one little story of this "*butterfly*" morphing right before my very eyes...

Just about a couple of weeks ago, I initiated a coaching session with a client to find out the progress that he has been making in his life.

I remembered it was barely a few months back when I first met, my this client and now my friend, Jason.

Back at that moment we greeted each other, you could sense how “*drawn back*” he was through his feeble handshake. You see, Jason was a young working professional who just had graduated from university some time ago. But instead of possessing an optimistic view of his future, he was feeling directionless and dejected most of the time.

And to make things worse, he was constantly complaining how life was so unfair to him. Also, he had real difficult time at work as he had trouble relating to his colleagues and was often taken advantage of due to his lack of self-confidence.

Yet, in less than a month, after attending our [Singapore NLP Practitioner program](#), **his life took a 180 degrees.**

Throughout the coaching and training sessions, we're able to help him identify his driver and passion for his work. At the same time learning how he can better related to the people around him.

## **So how did this happen?**

Certainly, all this didn't happen overnight. While we can't change the destination overnight, but we can definitely change our direction easily. And as long as we are **committed**, show **consistency** and put in **small but continuous** effort to turning things for the better, we will reach our desired destination in no time. Just like what Jason had done!

Jason was able to achieve his desired outcome because he is WILLING to perform those tasks that were assigned him - no matter how "*trivial*" they may even seem.

As the law of accumulation states, **everything that you do in life counts** - regardless how small the action may be. And I thought that applies to our journey of learning and growing in life as well.

Unless we are constantly keeping ourselves abreast of the changes in our environment and committed to improving the quality of our lives continuously, there will come a day where we are going to find ourselves being left in the dust.

Quote the great American philosopher, "***In times of change the learners shall inherit the earth; while the learned find themselves beautifully equipped to deal with a world that no longer exists***".

So, which do you choose? Do you want to inherit the earth or cease to exist tomorrow? I believe the choice is very clear already, isn't it?

Check out our [NLP Singapore practitioner program](#) or our different [NLP programs](#) and see for yourself what help we can offer you in attaining great successes in your life.